



**SWIM LESSON SCHEDULE BY SKILL STAGE:
PARENT/CHILD AND PRESCHOOL
UPTOWN WHITTIER FAMILY YMCA
WINTER/SPRING 2019 • JANUARY 7– JUNE 8**

STAGE	M/W	T/TH	SAT
A Parent/Child: Water Discovery			11 - 11:30am
B Parent/Child: Water Exploration		6 - 6:30pm	11:30am - 12pm
1 Preschool: Water Acclimation	4 - 4:30pm 5 - 5:30pm 5:30 - 6pm	5 - 5:30pm	10 - 10:30am 11 - 11:30am
2 Preschool: Water Movement	4:30 - 5pm	4 - 4:30pm 5:30 - 6pm	9:30 - 10am 10:30 - 11am 12 - 12:30pm
3 Preschool: Water Stamina			9:30 - 10am

SESSION DATES

Winter Session 1

M/W: January 7 - February 13
T/Th: January 8 - February 14
Sat: January 12 - February 16

Winter Session 2

M/W: February 18 - March 27
T/Th: February 19 - March 28
Sat: February 23 - March 30

Spring Session 3

M/W: April 1 - May 8
T/Th: April 2 - May 9
Sat: April 6 - May 11

Spring Session 4

M/W: May 13 - June 5
T/Th: May 14 - June 6
Sat: May 18 - June 8

Sign-ups begin December 3 for members and December 8 for non-members.

COST

Group Lessons (M/W or T/Th)

\$77 members
\$154 non-members

Group Lessons (Sat)

\$39 members
\$78 non-members

There will be a \$5 late fee for registrations done on or after the first day of classes.

UPTOWN WHITTIER YMCA FAMILY CENTER
12510 Hadley Street, Whittier, CA 90601
562-907-6530 • ymcawhittier.org



**SWIM LESSON SCHEDULE BY SKILL STAGE:
SCHOOL AGE AND TEENS/ADULTS
UPTOWN WHITTIER FAMILY YMCA
WINTER/SPRING 2019 • JANUARY 7– JUNE 8**

STAGE	M/W	T/TH	SAT
1 School Age: Water Acclimation	5:30 – 6pm	4 – 4:30pm	10:30 – 11am 11 – 11:30am
2 School Age: Water Movement	4:30 – 5pm 6 – 6:30pm	6 – 6:30pm 6:30 – 7pm	10 – 10:30am 11:30am – 12pm
3 School Age: Water Stamina	5 – 5:30pm 6 – 6:30pm	4:30 – 5pm 5:30 – 6pm	10 – 10:30am 12 – 12:30pm
4 School Age: Stroke Introduction	6 – 6:30pm	4:30 – 5pm 6:30 – 7pm	9:30 – 10am 11:30am – 12pm
5 School Age: Stroke Development	6:30 – 7pm	5 – 5:30pm	
6 School Age: Stroke Mechanics			10:30 – 11am
4 Teens & Adults: Stroke Introduction			12 – 12:30pm

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Notice For All Swim Lessons Participants

We are unable to provide make-up swim lessons missed due to your child’s absence. Exceptions will be made only in the following cases:

- If your child becomes sick during the swim session, up to a half credit can be given to be put toward a subsequent swim class.
- In the event that the pool closes on the child’s lesson day, a make-up lesson will be scheduled or a credit will be issued.

YMCA Aquatics follows the YMCA refund policy available at member services. Always retain your receipt as you may be asked to present it. All class transfers must be done three days prior to the first day of class. Requesting a transfer of time or level is not guaranteed. There must be at least three students in class time for us to be able to run the class. In the event we do not have enough children enrolled, we will try to move your child to another class time. Alternatively, we can offer you credit or a refund. For you and your child’s safety, we do not allow parents and visitors on the pool deck. Parents may go to the observation window located beside the pool. Children should use the restroom prior to entering the pool. Fecal accidents may result in temporary suspension. State law requires that all participants shower before entering the pool. Swim caps or ponytails are recommended for participants with long hair.