

Welcome to YMCA Camp Arbolado 2019 Summer Camp!

Session 1 (June 22 –June 29), Session 2 (July 6 – July 13),
Session 3 (July 27- August 3)

Important Pre-camp Information

We are delighted that you have selected YMCA Camp Arbolado for your child's summer camping experience. Your camper's health and safety are our primary concerns. The information below should aid you in making sure your camper is fully prepared and equipped to enjoy a week of summer mountain camping. If you have questions before or after your Orientation Night, please call the Camp office at (909) 794-6724.

Two general rules of thumb to keep in mind: camp is a great place to wear out old clothing; and, if it would cause emotional or financial distress if it gets lost or broken, *don't bring it to camp!*

Packing list

- 2 pairs of shoes
- 9-10 pairs of socks
- 9-10 pairs of underwear
- 5-7 pairs of shorts & long pants
- 8-10 t-shirts
- 2-3 sweaters or sweatshirts
- 1 HEAVY JACKET
- 1 bathing suit (girls: one-piece only)
- 1 towel
- Toothbrush and toothpaste
- Soap, shampoo, and a hairbrush
- CHAPSTICK and SUNSCREEN
- Flashlight and water bottle
- Sleeping bag, pillow, sheets and pajamas

Optional items

- Disposable camera, bible, book to read
- Clothing items for special events & meals (learn more at Orientation Night!)

Do NOT bring

- Cell phones
- Personal music players (e.g. iPods, etc.) nor game systems (e.g. Nintendo DSs, etc.)
- digital cameras or jewelry (see rules of thumb, above)
- Knives, firearms, or weapons of any kind
- Drugs, alcohol, or tobacco products

Packing instructions

- Limit luggage to: ONE sturdy duffle bag or suitcase, one carry-on backpack, and a sleeping bag. Stowage on the bus is limited.
- Have your camper help you pack so he/ she knows what's in his/ her suitcase!
- Mark your camper's name on all clothing items.
- Do NOT pack prescription medication. Instead, please check it in with the camp nurse on departure day. Medication must be in the original prescription bottle with physician's instructions. Use a clear plastic bag marked with your camper's name if you have more than one medication to check in.

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Orientation Nights (at the East Whittier Family YMCA Center)

Session 1: Monday June 17

Session 2: Monday July 01

Session 3: Monday July 22.

Families should plan to attend the orientation night for their session at the **East Whittier Family YMCA 7:00-8:00 p.m.** This is an opportunity to meet the camp director and many of the counselors, ask questions, and see who else is going to camp. All families are strongly encouraged to come.

Departure Days (from the East Whittier YMCA)

Session 1: Saturday, June 22

Session 2: Saturday, July 06

Session 3: Saturday, July 27

Camp starts with check-in at **9:00 a.m.** at the **East Whittier Family YMCA** . Please be on time! There will be no refunds if you miss the bus.

Important!! Please prepare a **sack lunch** to take for your camper to eat when we arrive at camp. Drinks will be provided.

Return Days (to the East Whittier Family YMCA)

Session 1: Saturday, June 29

Session 2: Saturday, July 13

Session 3: Saturday, August 05

The buses will return to the **East Whittier Family Center** at approximately **3:00 p.m. depending on the traffic.** If for some reason we are going to be late, a staff person will be at the Y with that information. For the safety of your child, please make sure that at least one person you include on the pickup list in your registration packet will definitely be present WITH PHOTO ID when picking up your child.

Check on us!

To verify our return time or in the case of an emergency contact, Executive Director for Camp Arbolado Suman Rana (909) 794-6724 or cell phone (909) 645 9187.

Mail. Please DO write to your camper. However, please note that mail posted after we depart for camp may not arrive in camp until after we are back in Whittier; i.e. it is a good idea to mail letters to your camper/s before they have left home! The mailing address is:

[Your Camper's Name]
YMCA Camp Arbolado
42500 State Hwy. 38
Angelus Oaks, CA 92305

A special request: Please do NOT send food or snacks to camp. We provide a healthy diet that consists of three balanced, nutritious meals daily plus fresh fruit snacks available all day. The Y is for Youth Development and Healthy Living (= Healthy Kids) and your support is always appreciated.

YMCA Camp Arbolado

Down-the-hill office:
East Whittier Family YMCA
15740 Starbuck St
Whittier, CA 90603
(562) 943 7241



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**